



# COVID-19 Liability Waiver

Due to the 2019-2020 outbreak of the novel Coronavirus (COVID-19), NuVo Aesthetic & Wellness is taking extra precautions with the care of every client to include health history review and enhanced sanitation/disinfection procedures in accordance with the CDC.

Symptoms of COVID-19 include:

- Fever
- Fatigue
- Dry Coughing
- Difficulty breathing

I agree to the following:

*(Please check the following)*

\_\_\_ I understand the above symptoms and affirm that I, as well as all household members, do not currently have, nor have experienced the symptoms listed above **WITHIN THE LAST 14 DAYS.**

\_\_\_ I affirm that I, as well as all household members, have not been diagnosed with COVID-19 **WITHIN THE PAST 30 DAYS.**

\_\_\_ I affirm that I, as well as all household members, have not knowingly been exposed to anyone diagnosed with COVID-19 **WITHIN THE PAST 30 DAYS.**

\_\_\_ I affirm that I, as well as all household members, have not traveled outside of the country, or to any city considered to be a "hot spot" for COVID-19 infections **WITHIN THE PAST 30 DAYS.**

\_\_\_ I understand that NuVo Aesthetic & Wellness cannot be held liable for any exposure to the COVID-19 virus caused by misinformation on this form or the health history provided by each client.

NuVo Aesthetic & Wellness is following these enhanced procedures to prevent the spread of COVID-19:

- Prepayment for services available if clients prefer contactless checkout
- Additional time included between appointments to prevent client contact with each other
- Guests accompanying those scheduled for services discouraged
- Each client required to wash hands upon arrival and before leaving
- Your Nurse/Doctor/Esthetician will thoroughly clean hands and wear nitrile gloves during all treatments
- Your Nurse/Doctor/Esthetician will wear a clean set of gloves and cloth mask for each client
- All skincare product bottles used during treatment will be placed on the trolley for disinfection and disposable items will be used when possible
- All surfaces will be wiped thoroughly with hospital grade disinfectant before and after each client according to the manufacturer's directions

**By signing below, I agree to each statement above and release NuVo Aesthetic & Wellness from any and all liability for the unintentional exposure or harm due to COVID-19.**

**NuVo Aesthetic & Wellness agrees to abide by these standards and affirms the same.**

Printed Name: \_\_\_\_\_

Signature: \_\_\_\_\_

Date: \_\_\_\_\_



## CLIENT INFORMATION AND MEDICAL HISTORY

*All information is strictly confidential.*

### PERSONAL HISTORY

First Name \_\_\_\_\_

Home Phone \_\_\_\_\_

Last Name \_\_\_\_\_

Work Phone \_\_\_\_\_

Mobile Phone \_\_\_\_\_

Address \_\_\_\_\_

Zip Code \_\_\_\_\_

Gender \_\_\_\_\_

City \_\_\_\_\_

Ethnicity \_\_\_\_\_

State \_\_\_\_\_

Occupation \_\_\_\_\_

Birthdate \_\_\_\_\_

E-mail \_\_\_\_\_

Age \_\_\_\_\_

Emergency contact name and phone number \_\_\_\_\_

How did you hear about us? \_\_\_\_\_

Which of the following best describes your skin types? (Please circle **one** skin type number)

1. Always burns, never tans
2. Always burns, sometimes tans
3. Sometimes burns, always tans
4. Rarely burns, always tans
5. Brown, moderately pigmented skin
6. Black skin

### MEDICAL HISTORY

Are you currently under the care of a physician?      YES      NO

Are you currently under the care of a dermatologist      YES      NO

Please list *all* medications \_\_\_\_\_

Do you have any allergies to medications? \_\_\_\_\_

Are you currently taking antibiotics? \_\_\_\_\_

Do you take any medications for hearts conditions? \_\_\_\_\_

Are you on any mood altering or anti-depression medication? \_\_\_\_\_

What topical medications or creams are you currently using? \_\_\_\_\_

What herbal or other supplements do you use regularly? \_\_\_\_\_

<i>Medical History (past or present)</i>	YES	NO	<i>Medical History (past or present)</i>	YES	NO
Active skin infection or irritation			Autoimmune disease		
Darkening of the skin (hyperpigmentation)			Bleeding/clotting disorder		
Lightening of the skin (hypopigmentation)			Cancer		
Thick or raised scarring			Cold sores		
Used Accutane in the past 6 months			Eczema/psoriasis		
Using Retinol or Glycolic acid			Herpes		
Currently smoke or use other tobacco			Hepatitis		
Regular alcohol consumption			Pace maker/ defibrillator		
Birth control/hormone replacement			Polycystic ovarian syndrome		
Tattoos/permanent make-up			Thyroid disorder		
If "Yes" please explain:			If "yes" please explain:		

Do you have any other health problems or medical conditions not listed?

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**FOR FEMALE CLIENTS**

Are you pregnant or trying to become pregnant?      YES      NO  
 Are you breastfeeding?      YES      NO  
 Are you using contraception?      YES      NO

***I certify that the preceding Personal, Medical, and Medication history statements are true and correct. I am aware that it is my responsibility to inform the doctor, esthetician, or other health professional of my current medical or health conditions and to update this history in timely fashion. A current and accurate medical history is essential for the caregiver to execute appropriate treatment procedures.***

Signature \_\_\_\_\_ Date \_\_\_\_\_



## FINANCIAL POLICY

Please take a moment to read this document thoroughly, sign and date the bottom indicating that you understand and agree to comply with these policies.

- **Payment is due at the time services are provided.** We accept cash, credits, and checks.
- **Payment Plan:** NuVo Aesthetic & Wellness offers 90-day no finance on services rendered for treatments over \$100 per session. NuVo will hold your card on file until the balance is paid in full. At the end of the three-month term of each service, the office reserves the right to charge 18% interest on any remaining balance. Any unpaid balance over 60 days on your account may be assessed a late fee. After 120 days, your account may be assigned to a collection agency. You will be responsible for 100% of our fees as well as any additional fees incurred to resolve this matter. (Payment plan not valid for groupons, laser lipo, acupuncture, massages, and waxing packages.)
- **Returned Checks.** A \$40.00 processing fee will be assessed for any check returned by the bank for reason. This may result in refusal of payment in the future.
- **Broken appointments.** In the event that you unable to make your scheduled appointments, please cancel at least 24 hours prior to the appointment. Canceled or changed appointments with less than 24 hours' notice will result in a fee of \$25 per appointment. For Package plan purchases, one session may be forfeited in lieu of a fee for missed appointments.

If you are more than 15 minutes late for your appointment you will be asked to reschedule.

**Terms subject to change without notification.**

I have read, understand, and agree to all the terms of NuVo Aesthetic & Wellness financial policy.

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Client Printed Name

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Client Signature

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Date



# HIPAA NOTICE OF PRIVACY PRACTICES

(Effective December 19, 2018)

At NuVo Aesthetic & Wellness, Dr. Sunil Patel and his medical staff understand that health information about you is very personal and we are mandated by the Health Insurance Portability and Accountability Act (HIPAA) to protecting your health information. We create a record of the care and services you receive from us, and this record helps to provide you with quality care and to comply with certain legal requirements. This Notice applies to all the records of our care generated by us and informs you about the ways in which we may use and disclose information about you. We also describe your rights to the health information we keep about you and describe certain obligations we have regarding the use and disclosure of your health information.

We are required by law to:

- Make sure that health information that identifies you is kept private.
- Give you this notice of our legal duties and privacy practices with respect to health information about you.
- Follow the terms of the Notice that is currently in effect.

How we may use and disclose health information about you:

- For Treatment
- For Payment
- For Healthcare operations
- As required by law
- Public Health risks
- Health oversight activities
- Lawsuits and disputes
- Law enforcement
- To avert a serious threat to health and safety
- As required by the Military or Veterans and Workers Compensation
- Coroners, health examiners and funeral directors
- National Security and Intelligence activities
- Protective Services for the President and others
- Security Officials for Inmates
- For any services provided by NuVo Aesthetic & Wellness
- For appointment reminders

Your rights regarding Health Information about you:

- Right to inspect and copy
- Right to amend
- Right to Accounting and Disclosures
- Right to Request Restrictions
- Right to Request Confidential Communication

Your Medical Records: The original copy of your and/or electronic medical record is the property of NuVo Aesthetic & Wellness and Dr. Sunil Patel. You may request a copy of your records to be transferred by completing a medical records release form.

Changes to this Notice: We reserve the right to change this notice. We will post a copy of current notice in our facility with the current effective date.

Complaints: if you believe that your privacy rights have been violated, you may file a complaint with us. All complaints must be in writing. Please contact the Office Manager at NuVo to file a complaint. For complete, detailed information regarding privacy law, visit [www.hhs.gov/hipaa/for-professionals/privacy/laws-regulations/index.html](http://www.hhs.gov/hipaa/for-professionals/privacy/laws-regulations/index.html).

Permission to Share your Health Information: We are required to follow certain federal guidelines and laws regarding the confidentiality of your personal health information. One of these prevents us from discussing anything in your medical file with anyone other than yourself or other medical personnel involved in your care. If you would like us to discuss your treatment records or other personal information with your significant other, family members, or any other individuals, please fill in their name and relationship to you in the section listed below.

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**Acknowledgment of Receipt of NuVo Aesthetic & Wellness HIPAA NOTICE OF PRIVACY PRACTICES:**

We request that you sign this form acknowledging you have received, read, and reviewed NuVo Aesthetic & Wellness HIPAA Notice of Privacy Practices. If the patient is a minor, the legal guardian is automatically appointed by law to provide/receive protected information on behalf of the patient. I will notify Dr. Patel and/or his staff of any changes or updates to this record. This acknowledgment will become part of your records.

Patient Name: \_\_\_\_\_ Date: \_\_\_\_\_

Patient Signature: \_\_\_\_\_

Relationship to Patient: \_\_\_\_\_



# Laser Lipo Release and Consent

## **Program Background**

Laser Lipo low-level laser therapy has shown through extensive research to cause the triglycerides within fat cells to break down into free fatty acids and glycerol. The fatty acids and glycerol are then transported around the body by the lymphatic system to tissues that will use them as energy during metabolism. Independent clinical studies have shown Laser Lipo to be, in some cases, comparable to liposuction with up to 30% reductions in fat depth after just one treatment. Any medical or cosmetic procedure carries risks, complications, and varied results as to the effectiveness of a particular treatment. Laser Lipo is a weight loss aid and should be combined with proper diet, regular exercise, and ample water intake for optimal results.

Non-invasive Laser Lipo low level laser therapy is FDA approved.

## **Procedure**

You will consult with the health care professional to confirm that you are a suitable candidate for low level laser therapy prior to your first treatment. During this time you will have the opportunity to ask questions or voice concerns you may have regarding this treatment. You will be required to expose the desired treatment area and lie down for treatment. Paddles will remain in place for 20-30 minutes. Typically 6-12 treatments of Laser Lipo low level laser therapy are recommended to achieve the greatest potential effect. The treatments should be used in conjunction with a healthy diet and regular exercise. Please consult with your primary care physician before beginning any new exercise program.

## **Risks/Discomfort**

There are a few risk associated with Laser Lipo low level laser therapy and side effects are rare. This treatment is non-invasive and uses cold laser output. Protective eyewear should be used when the machine is on. Possible side effects include, but are not limited to, redness, bruising, mild irritation, or burning around the treatment area. There may be unknown side effects of Laser Lipo.

## **Benefits**

The benefit of Laser Lipo is body contouring without surgery. Problem areas of excess pockets of fat can be targeted; however most commonly treated areas are hips, stomach, thighs, and flanks. Results will vary. There are no guaranteed results with Laser Lipo low level laser therapy.

## Acknowledgment of Health Conditions

I acknowledge that I do not have any of the following medical conditions and that if my medical history changes I will notify NuVo Aesthetic & Wellness prior to any additional treatment:

- Pregnancy/breastfeeding
- Current radiation or chemotherapy
- Hepatitis, Cirrhosis, any other liver disease
- Active autoimmune disease
- History of heart attack or stroke
- Open wounds/skin irritation
- Any form of cancer
- Pacemaker or defibrillator
- Kidney disease
- Lymph edema
- Insulin-Dependent diabetes mellitus
- Medications that may cause photosensitivity

You have been notified that if any of that the following apply, you may not achieve optimal effect:

- Type 2 Diabetes
- Tattoos
- Untreated Thyroid disorders
- Epilepsy
- Very dark skin
- Metallic or other implants

## Consent

I acknowledge that I have reviewed this consent from thoroughly and understand all information. My consent and authorization for this procedure are strictly voluntary. The potential benefits, risks, and side-effects of Laser Lipo low level laser therapy have been explained to my satisfaction. By signing this form I grant authority to NuVo Aesthetic & Wellness to perform this treatment and personally assume responsibility for all potential side-effects. I understand that there are no guaranteed results or outcomes with this treatment.

I understand that this treatment is to be used in conjunction with a healthy diet and regular exercise. I acknowledge that I should consult with my primary care physician before beginning any new exercise.

I further state that I am at least 18 years of age and am legally competent to sign this form and give consent.

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Print Name

Signature

Date